

Fixed Braces

Metal braces

Metal braces are the most commonly used type of appliance because they can address a whole range of orthodontic issues, including twisted or overcrowded teeth, unsightly gaps and badly aligned bites. They consist of metal brackets, fixed securely to the teeth and thin wires, held in place with elastics.

Although these braces are often referred to as 'train-tracks', modern versions are much less noticeable than they once were and their more advanced design can help you achieve an improved smile more swiftly.

Advantages

- A proven method that can precisely realign teeth.
- They are usually more cost-effective than less obvious options.
- Children and teenagers can customise their braces with coloured elastics.

Don't forget!

You will need to wear a retainer following treatment to make sure your teeth stay in their new position.

Ceramic braces

These braces work in a similar way to metal braces but have clear or tooth-coloured brackets and wires. This makes them a much less noticeable, but equally effective, way to deal with a host of orthodontic problems.

Advantages

- They produce highly predictable results.
- They offer an aesthetically pleasing alternative to metal braces.
- Although discreet, unlike clear aligners, ceramic braces cannot be taken out. This ensures they stay firmly in place and can get on with their straightening work for the entire duration of the treatment process.

Don't forget!

You will need to wear a retainer following treatment to make sure your teeth stay in their new position.